

# Sultan Sofrasi Turkish Grill & MEZE

MENU

# **HOT STARTERS**

Soup of the day  Please ask your server for details	£5.25
Halloumi / Grilled halloumi cheese	£5.25
Sigara boregi / Pastry filled with feta cheese & spinach	£5.25
Lamb liver Pan-fried lamb liver served with red onions & parsley	£6.25
Pan-fried prawns Peeled tiger prawns, garlic & prawns	£6.25
Calamari Fried fresh squid served with homemade tartar sauce	£6.25
Sucuk Grilled Spicy Turkish sausage	£5.25
Falafel	£4.95
Garlic mushroom   Sliced mushrooms pan-fried with butter, double cream & herbs	£5.50
Balloon bread  Home-made freshly baked warm balloon bread served with butter	£4.50
Helim & Sucuk Grilled halloumi cheese & spicy turkish sausage	£6.25
White bait Served with home-made tartar sauce	£6.25
Pan-fried humus   Small pan-fried lamb pieces, served on a bed of humus	£6.50
<b>Lahmacun</b> A thin lavantine flatbread topped with minced lamb, onions, peppers, tomatoes & parsley	£4.20
Helim & mushroom   Sliced mushrooms pan-fried with butter & halloumi cheese  & herbs	£6.25
Icli kofte Stuffed bulgur with minced lamb, onion & spices	£6.95
Spicy wings Marinated & chargrilled chicken wings	£7.95



## **CHEFS' SPECIAL MEZE**

Humus, cacik, saksuka, tabule, helim, sucuk, sigara boregi & falafel

## **MIXED HOT PLATTER**

Helium, sigara boregi, sucuk, falafel & calamari £15.50

## **COLD STARTERS**

Cacik  Cucumber, mint & a hint of garlic in strained yogurt & olive oil	£4.95
<b>Humus 6</b> Pureed chickpeas, tahini, olive oil, lemon juice & garlic	£4.95
<b>Tarama</b> Freshly prepared whipped cod roe (fish roe paste)	£4.20
Ispanak tarator   ✓ Fresh spinach with creamy yogurt, olive oil & a hint of garlic	£4.50
Yaprak sarma   Stuffed vine leaves with rice, pine kernels & blackcurrents with olive oil	£4.50
<b>Tabule</b> Finely chopped parsley, crushed wheat, tomatoes, spring onions, lemon juice, pomegranate sauce & olive oil	£5.25
Saksuka  Dip fried aubergine cubes cooked in our special tomato sauce with onion, pepper & garlic	£4.95
Baba ghanoush  Grilled aubergine, yogurt, olive oil & mixed herbs	£4.50
Patlican salad Grilled & chopped aubergine, peppers, tomatoes & garlic mixed with olive oil & lemon juice	£4.95
Prawn cocktail Served on a bed of shredded lettuce & home-made cocktail sauce	£5.25
Imam bayildi	£5.25
Mixed olives   Served with olive oil dressing	£4.20

## MIXED COLD PLATTER

Humus, tarama, cacik, tabule, £13.50 baba ghanoush & saksuka

## **VEGETARIAN MAINS**

<b>Vegetarian mussaka</b> Aubergine, potato, courgette, carrot, mushrooms, onions, peas, mixed peppers, bechamel sauce with cheese & tomato sauce, served with rice & salad	£12.50
Falafel main    chickpea, broad peas, sesame & vegetable fritters, served with humus & salad	£12.50
Vegetarian casserole  Pan-fried vegetables with tomato sauce, served with rice & salad	£13.50
Vegetarian kebab  Grilled mixed vegetables with tomato sauce, served with rice & salad	£12.50
Helim kebab // Charcoal grilled mixed vegetables with halloumi	£14.50
Imam bayildi / 5 Onions, garlic, red peppers, green peppers, pine nuts.	£11.50

aubergine & tomato sauce, served with rice & salad

## **CHARCOAL GRILLS**

Chicken shish Chargrilled lean chunks of chicken breast skewers	£14.50
Lamb shish Chargrilled lean tender lamb skewers	£15.95
Adana kebab Chargrilled lean tender minced lamb skewers	£14.50
Lamb doner Traditional dish slow cooked on a vertical spit	£13.95
Chicken wings Marinated & chargrilled chicken wings, available spicy	£13.50
Lamb beyti Spicy minced lamb seasoned with garlic & parsley, served with rice	£13.50
Chicken beyti Spicy minced chicken seasoned with garlic & parsley, served with rice	£13.50
Chicken chops Chicken thigh marinated with olive oil & herbs chargrilled, available in spicy	£14.50
Lamb ribs Chargrilled tender lamb ribs	£15.50
Lamb chops Seasoned & chargrilled tender lamb chops	£18.95
Kul basti Fillets of lamb, marinated with olive oil & herbs grilled over charcoal	£13.95
Any choice of 2 Lamb shish · chicken shish · adana · lamb doner · chicken beyti	£15.95
Mixed kebab Lamb shish · chicken shish · adana · lamb doner	£19.95
All of our kebabs are served with rice & salad	

# FISH

Seafood pasta Linguine with king prawns, fresh calamari & fresh mussels with creamy sauce served with salad	£13.50
Grilled king prawns Chargrilled king prawns with garlic & herbs	£15.95
Sea bass fillet	
Chargrilled whole sea bass fillet	£14.50
Sea bream	£16.50
Chargrilled whole sea bream	
Salmon Chargrilled salmon	£16.50
Sea bass Chargrilled whole sea bass	£16.95

## **HOUSE SPECIALS**

<b>Iskender</b> Lamb Doner cooked on an upright spit, placed on a bed of diced bread, with yogurt then topped with anatolian sauce & coated with melted butter	£14.95
Sarma lamb or chicken beyti Specially Prepared & Chargrilled minced lamb/ chicken skewers, wrapped in thin home-made bread topped with butter, tomato sauce & yogurt	£16.50
Chicken casserole Tender chicken pieces, mushrooms, peppers, tomatoes & onions topped with chef's special tomato sauce	£15.50
Chicken princess Mini chicken fillets sautéed with mushroom, garlic, double cream & parmesan cheese	£14.50
Yogurtlu chicken shish Chargrilled lean tender chicken skewers, served on toasted bread with special tomato sauce with yogurt & melted butter	£14.95
Yogurtlu lamb shish Chargrilled lean tender minced lamb skewers, served on toasted bread with special tomato sauce, yogurt. & melted butter	£16.95
Lamb shank Oven cooked lamb shank with mashed potato, mixed peppers, carrots, onions & tomato sauce	£16.95
Yogurtlu adana Chargrilled lean tender minced lamb skewers served on toasted bread with special tomato sauce, yogurt & melted butter	£14.95
Ali nazik Chargrilled smokey flavored pureed aubergine, with yogurt & garlic, topped with chopped lamb & butter	£16.95
Lamb casserole Tender lamb pieces, mushrooms, peppers, tomatoes & onions topped with chef's special tomato sauce	£15.50
Meat mussaka Minced lamb, with aubergine, potatoes, courgettes, carrots, mushrooms, onions, peas, mixed peppers, bechamel sauce with cheese & tomato sauce	£13.95
Coban kavurma Pan-fried lamb pieces with onions, mixed peppers, garlic, herbs & a touch of butter	£14.50
Prawn casserole Tiger prawns, mushrooms, peppers, tomatoes & onions topped with chef's special tomato sauce	£15.95
Pollo penne Penne with diced chicken, cream, peppers & spinach	£11.95
Penne siciliana // Pasta with aubergine, courgette & special tomato sauce with mozzarella & parmesan	£11.50

#### CHICKEN PLATTER

Cold mixed meze (served as a starter)

Chicken shish (3), chicken beyti (2), chicken pirzola (2), chicken wings

**£54.95** For 4 people

#### **SULTAN PLATTER**

Cold mixed meze (served as a starter)

Lamb shish, chicken shish, adana, lamb ribs (4), chicken wings (8), lamb doner

£49.95 For 2-3 people

## SULTAN JUMBO PLATTER

Cold mixed meze (served as a starter)

Lamb shish, chicken shish, adana (2), lamb ribs (8), chicken wings (8), lamb doner, lamb chops (4) & chicken beyti

**£72.95** For 4-5 people

#### **PIDE**

Mixed pide Lamb & chicken, green peppers, parsley with seasoning.	£13.50
Veggie pide   Mixed vegetables topped with cheese.	£10.50
Chicken pide diced chicken, tomatoes & green peppers.	£10.95
<b>Lamb pide</b> Pieces of lamb, tomatoes, green peppers, parsley & seasoning.	£11.95
Helim & sucuk Garlic spicy sausage, halloumi, tomatoes & green peppers.	£12.50
Minced lamb pide Minced lamb, tomatoes, green peppers, onions, parsley & seasoning	£11.50

## SALADS

Shepherd's salad	£4.95
Feta cheese salad	£5.95
Ezme salad	£4.95
Avocado & mozzarella salad	£7.20
Helim salad	£7.20

## SIDE ORDERS

Mashed potatoes	£3.95
Sauté potatoes	£4.20
Chips	£2.50
Mixed vegetables	£5.25
Bread & olives	£2.95
Garlic & cheese bread	£6.20
Plain yogurt	£2.95
Rice	£2.50
Bulgur	£2.50

#### **KIDS**

Chicken shish	£8.25
Chicken wings	£8.25
Scampi	£6.25
Fish fingers	£6.25
Chicken nuggets	£6.25
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## **SOFT DRINKS**

Coke 330ml	£2.95
Coke zero 330ml	£2.75
Diet coke 330ml	£2.75
Large coke	£3.95
Large diet coke	£3.75
Sprite 330ml	£2.75
Large sprite	£3.75
Fanta 330ml	£2.75
Large fanta	£3.75
Appletiser 330ml	£3.20

"STAY BUSY, GET PLENTY OF EXERCISE, AND DON'T DRINK TOO MUCH. THEN AGAIN, DON'T DRINK TOO LITTLE."

- HERMAN SMITH - JOHANNSEN

## **JUICES**

Apple juice 330ml Bottle.	£2.50
Orange juice 330ml Bottle.	£2.50
Cranberry juice 330ml Bottle.	£2.50
Mango juice 330ml Bottle.	£2.50
Ayran 330ml Bottle.	£2.50
Salgam 330ml Bottle.	£2.95

"SITTING DOWN AND SHARING A MEAL TOGETHER COMBINES TWO OF MY FAVOURITE LOVES: EATING GREAT FOOD AND TALKING ABOUT GREAT FOOD."

- HOMARO CANTU

## **WATERS**

Small still water 330ml Bottle.	£2.50
Large still water 500ml Bottle.	£3.75
Small sparkling water 330ml Bottle.	£2.95
Large sparkling water 500ml Bottle.	£3.95
Tonic water 330ml Bottle.	£2.50
Soda water 330ml Bottle.	£2.50



Vegetarian / Contains nuts